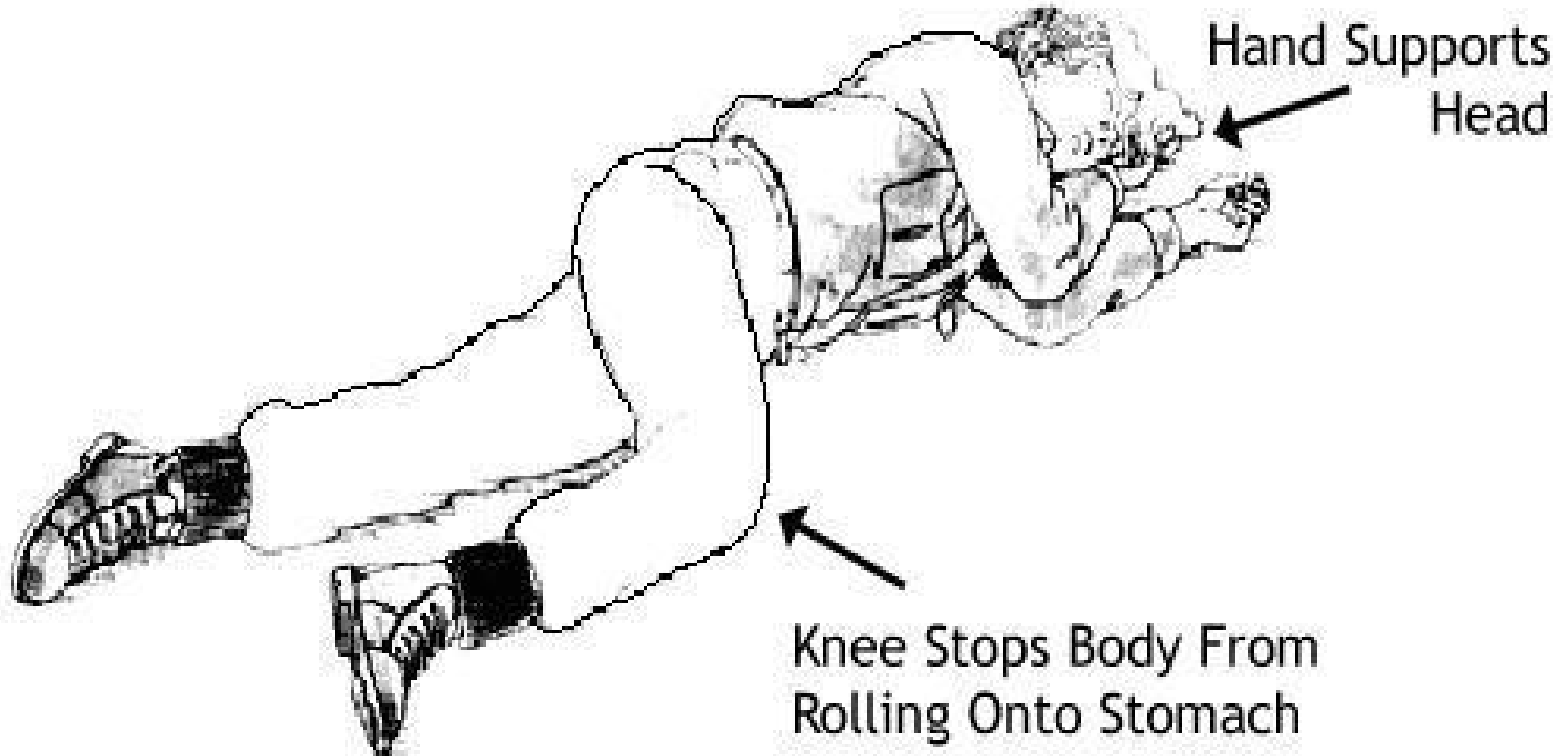




LIFE SUPPORT



Recovery Position (Vaso-Vagal)



Needle-Stick Injury

If you pierce or puncture your skin with a used needle, follow this first aid advice immediately:

[-FREEZE THE WOUND]

- encourage the wound to bleed, ideally by holding it under running water
- wash the wound using running water and plenty of soap
- don't scrub the wound while you're washing it
- don't suck the wound
- dry the wound and cover it with a waterproof plaster or dressing

You should also seek urgent medical advice:

- go to the nearest accident and emergency (A&E) department, or
- contact your employer's Occupational Health service if you injure yourself at work

ADULT ANAPHYLAXIS ALGORITHM

ANAPHYLACTIC REACTION ? → Call for help

→ Lie patient flat

→ Raise Legs (if breathing is not impaired)

LIFE-THREATENING PROBLEMS ?

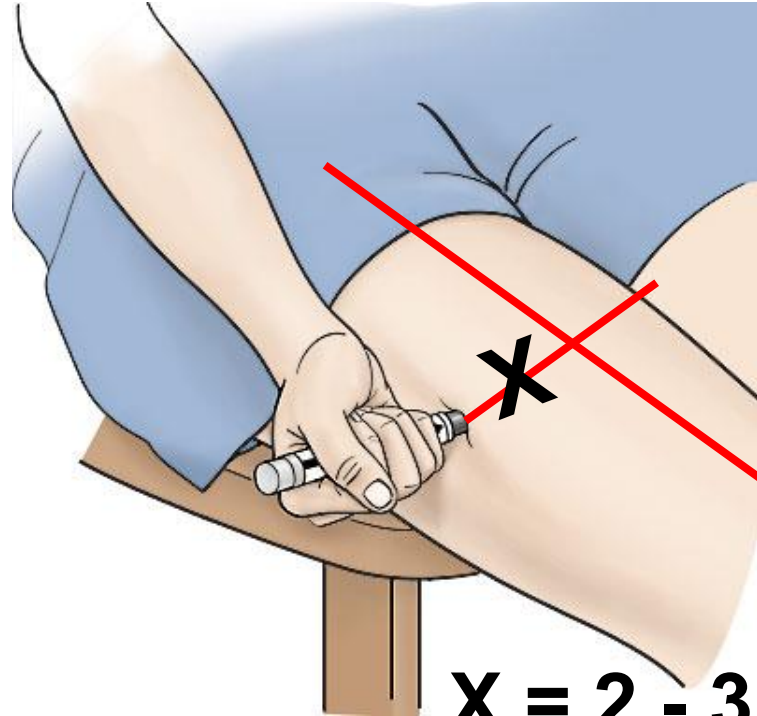
→ Intramuscular Adrenaline:

500 micrograms (0.5ml of a 1:1000 ampoule) [= 1 and 1/2 EPIPEN]

→ Repeat after 5 minutes if not better.

→ Consider Chlorphenamine 4 – 8 mg orally (or 10 mg IM or slowly IV)

EPIPEN : 0.3 mg (300 mcg) per syringe



X = 2 - 3 cm

ADULT CHOKING ALGORITHM

MILD → Encourage cough

[Continue to check for deterioration to ineffective cough or until obstruction relieved]

SEVERE → UNCONSCIOUS → Start CPR

→ CONSCIOUS → 5 back blows

→ 5 abdominal thrusts

ADULT LIFE SUPPORT (BASIC) ALGORITHM

SCAN FOR SAFETY ... phone picture, then on speaker

UNRESPONSIVE ? Shout for help →

Open airway

NOT BREATHING NORMALLY ? → Call 999 (911)

→ 30 chest compressions

→ 2 rescue breaths & 30 compressions ...

REPEAT

- Continue for 30 min. ,, or to exhaustion.

ADVANCED LIFE SUPPORT

